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## IT IS CLAIMED:

- 1. An oral-delivery composition for use in treating H $^{\prime}$ V in a HCV-infected patient comprising ovine IFN- $\tau$ , in a dosage effective to stimulate bloodstream levels of 2', 5'-oligoadenylate synthetase.
- 2. The oral-delivery composition of claim 1, which further comprises an oral-delivery vehicle containing IFN- $\tau$ , wherein said oral-delivery vehicle is effective to release the IFN- $\tau$  in active form in the digestive tract.
- 3. The composition of claim 2, wherein the vehicle is effective to release ovine IFN- $\tau$  in the stomach or intestines.
- 4. The composition of claim 1 wherein the dosage of ovine IFN- $\tau$  is between  $10^8 10^{10}$  Units/day.
- 5. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  is greater than about 1 x 10<sup>8</sup> Units/day.
- 6. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  is greater than about  $2 \times 10^8$  Units/day.
- 7. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  is greater than about  $4 \times 10^8$  Units/day.
- 8. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  is greater than about 1 x 10 $^9$  Units/day.
- 9. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  is greater than about 4 x 10<sup>9</sup> Units/day.
  - 10. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  is greater than about 7 x 10 $^9$  Units/day.

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- 11. The composition of claim 1, wherein the dosage of ovine IFN- $\tau$  avoids the *tunica* mucosa oris.
  - 12. The composition of claim 1, in combination with ribavirin.
- 13. A pharmaceutical composition for the treatment of HCV comprising:
  ovine IFN-τ as an effective ingredient, wherein said composition avoids the absorption of ovine IFN-τ through the *tunica mucosa oris*.
- 14. A pharmaceutical composition for the treatment of hepatitis caused by HCV comprising ovine IFN-τ as an effective ingredient.
- 15. A 2', 5'-oligoadenylate synthetase activity inducer in animals other than sheep comprising ovine IFN-τ.
- 16. A method of monitoring treatment of HCV by oral administration of ovine IFN-τ comprising:

measuring the blood levels of 2′, 5′-oligoadenylate synthetase prior to and after such oral administration, and if necessary

adjusting the dose of IFN- $\tau$  until a measurable increase in blood 2', 5'-oligoadenylate synthetase level, relative to the level observed prior to administration, is observed.

17. The method of claim 16, wherein said adjusting includes increasing the dose above 10<sup>8</sup> units.